



# Cardiology Northwest

Part of Animal Care Group of Lake Oswego

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“Collaboration for Compassionate Care through World-Class Medicine”

## OMEGA 3 FATTY ACIDS (FISH OILS) SUPPLEMENT

### Why has the doctor prescribed this supplement?

Omega fatty acids have been proven to be of cardiovascular benefit by helping to combat inflammation, depressed appetite, muscle wasting and arrhythmias. Supplementation with Omega 3 fatty acids (fish oils), specifically eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), have been shown to be beneficial to dogs with congestive heart failure, and may be beneficial in earlier disease.

### How do I give this supplement?

Give this supplement to your pet as directed by the doctor. **READ THE LABEL CAREFULLY.** Either our clinic or your veterinarian would be able to supply you with a veterinary supplement, or you may be able to get this over the counter or at a health store.

### **Suggested daily dose for your pet’s weight:**

\_\_\_\_\_ mg EPA and \_\_\_\_\_ mg DHA; combined \_\_\_\_\_ mg

### Potential side effects

This supplement has a very low incidence of side-effects, but may cause diarrhea or bad breath.

### Possible drug interactions

This supplement doesn’t have any drug interactions to be concerned about.